

### Patient Medical Information

Age \_\_\_\_\_ Height (Required): \_\_\_\_\_ ft. in. Weight (Required): \_\_\_\_\_ lbs.

Please indicate the number of surgeries for your primary condition. [ ] None [ ] 1 [ ] 2 [ ] 3 [ ] 4+

How many days ago did the condition begin? [ ] 0-7 days [ ] 8-14 [ ] 15-21 [ ] 22-90 [ ] 91 days to 6 mos [ ] Over 6mos. Ago

Are you taking prescription medication for this condition? [ ] Yes [ ] No

Are you currently taking any other medications? [ ] Yes [ ] No

If 'Yes' list them \_\_\_\_\_

Have you received treatments for this condition before? [ ] Yes [ ] No

How often have you completed at least 20 minutes of exercise, such as jogging, cycling, or brisk walking, prior to the onset of your condition? [ ] At least 3 times per week [ ] Once or twice per week [ ] Seldom or never

Do you have or have had any of the following:

- |  |  |
|--|--|
| <input type="checkbox"/> Arthritis (rheumatoid / osteoarthritis)   | <input type="checkbox"/> Visual Impairment (such as cataracts, glaucoma, macular degeneration)       |
| <input type="checkbox"/> Osteoporosis  | <input type="checkbox"/> Hearing Impairment (very hard of hearing even with hearing aids)            |
| <input type="checkbox"/> Asthma  | <input type="checkbox"/> Back pain (neck pain, low back, degenerative disc disease, spinal stenosis) |
| <input type="checkbox"/> Chronic Obstructive Pulmonary Disease (COPD), acquired respiratory distress syndrome (ARDS), or emphysema, Angina | <input type="checkbox"/> Kidney, bladder, prostate, urination problems                               |
| <input type="checkbox"/> Congestive heart failure (or heart disease)   | <input type="checkbox"/> Previous Accidents  |
| <input type="checkbox"/> Heart attack (Myocardial infarction)  | <input type="checkbox"/> Allergies   |
| <input type="checkbox"/> High blood pressure   | <input type="checkbox"/> Incontinence  |
| <input type="checkbox"/> Neurological Disease (such as Multiple Sclerosis or Parkinson's)  | <input type="checkbox"/> Anxiety or Panic Disorders  |
| <input type="checkbox"/> Stroke or TIA   | <input type="checkbox"/> Depression  |
| <input type="checkbox"/> Peripheral Vascular Disease   | <input type="checkbox"/> Hepatitis, Tuberculosis, HIV, AIDS, other blood borne condition             |
| <input type="checkbox"/> Headaches   | <input type="checkbox"/> Prior Surgery   |
| <input type="checkbox"/> Diabetes Types I and II   | <input type="checkbox"/> Prosthesis/Implants   |
| <input type="checkbox"/> Gastrointestinal Disease (ulcer, hernia, reflux, bowel, liver, gall bladder)                                      | <input type="checkbox"/> Sleep Dysfunction   |
| <input type="checkbox"/> Pace maker  | <input type="checkbox"/> Cancer  |
| <input type="checkbox"/> Seizures  |  |

If yes to any above, please explain and give approximate dates \_\_\_\_\_

This is a statement other patients have made.

"I should not do physical activities which (might) make my pain worse."

- [ ] Completely Disagree  
[ ] Somewhat Disagree  
[ ] Unsure  
[ ] Somewhat Agree  
[ ] Completely Agree

I certify that the above information is true and correct to the best of my knowledge.

Patient signature \_\_\_\_\_

Date \_\_\_\_\_